



A journey of self-discovery

Retreat Packages

Single Occupancy

Double Occupancy



Wellness getaway (5 Days/4 Nights)

US\$ 1,350

\$ 2,100

The all in package includes stay, one daily massage per person, wellness consultation with our yoga therapist, all vegetarian meals & beverages, yoga classes, discussions & lectures on the applicability of Yoga in contemporary life and other related programs based on the Indian Shastra.



A Retreat into the soul (7 days/6 nights)

\$ 1,850

\$ 3,100

A yoga retreat at Shreyas includes all hatha/ashtanga asana and meditation classes, lodging and delicious vegetarian meals. Your time is structured carefully to allow you to experience not just the physical aspects of Yoga but Karma Yoga (selfless work), Mouna (silence) and learn about nature.

All rates are converted to Indian Rupees on the date of payment. Rates are inclusive of current government taxes & service charges. Rates and government tax are subject to change without notice.

Supplementary costs: Airport transfers to/from Bangalore airport is included.

BOOKING CONFIRMATION & DEPOSIT REQUEST: A reservation is confirmed at the time of booking and a request made for deposit payment. The deposit equal to 50% of the total experience must be received within 7 days to guarantee the booking; otherwise the reservation will be released and is subject then to availability. The payment of deposit is to be made via credit card payment and is processed in Indian Rupees at the applicable exchange rate on the day of processing.

CANCELLATION POLICY: If cancellation occurs within 30 days of arrival, the deposit will be held in credit for a six-month period to permit guests to rebook. Failure to use the credit within six months will result in the forfeit of the deposit.